

# LA State Health Improvement Plan

The Louisiana State Health Improvement Plan (SHIP) is your roadmap to a healthier state. It's a result of a collaborative effort between the Louisiana Department of Health (LDH) and you, the people of Louisiana!

## Here's How it Works

- **Listening to the community:** Over 6,000 Louisianans shared their insights through the Louisiana State Health Assessment (SHA). This data, along with a review of health trends, helped us identify key areas where Louisiana can improve.
- **Focusing on priorities:** Based on the community feedback, we created SHIP workgroups focused on these priority areas. These groups are actively developing strategies to address health disparities and inequities.
- **Developing data-driven solutions:** By combining real-world data with proven strategies and existing resources, we're committed to creating impactful solutions for all Louisianans.

## Our Commitment to Change

Louisiana's health challenges are bigger than any one organization can solve. They require us to work together to make a difference. The SHIP promotes collaboration through:

- **Establishing a common agenda:** By outlining specific health improvement priorities and goals, the SHIP establishes a shared vision for change.
- **Tracking progress through a shared measurement system:** The SHIP Dashboard — [www.LouisianaSHIP.com](http://www.LouisianaSHIP.com) — keeps track of how well health goals are met using specific measures.
- **Encouraging mutually reinforcing activities:** The SHIP enables partners to align efforts to achieve common objectives, resulting in greater impact.
- **Enabling continuous communication:** SHIP partners regularly use multiple communication channels to collaborate and share progress.
- **Providing backbone support:** The Office of Public Health provides resources to organize and support SHIP implementation including partner coordination, data tracking, and communication.

Together, we are committed to advancing the health and well-being of Louisiana residents!

## Learn More About the SHIP

For more information or to get involved, please visit [www.LouisianaSHIP.com](http://www.LouisianaSHIP.com).

SHIP PRIORITY AREAS & GOALS

### BEHAVIORAL HEALTH

- Reduce barriers to behavioral health services
- Reduce deaths from drug misuse
- Reduce exposure to adverse childhood experiences

### COMMUNITY SAFETY

- Promote healthy & safe environments
- Improve community readiness and resilience

### MATERNAL & CHILD HEALTH

- Improve birth outcomes
- Improve child & adolescent health
- Improve maternal health

### CHRONIC DISEASE

- Increase access to care
- Reduce diabetes rate
- Promote healthy weight
- Improve cardiovascular health outcomes
- Reduce cancer rates & improve screenings